

CORPUS CHRISTI-NUECES COUNTY PUBLIC HEALTH DISTRICT



1702 Horne Road
Corpus Christi, Texas 78416
PHONE (361) 826-7200 FAX (361) 826-4526

December 12, 2009

Press Release

From: Noelia Rodriguez, Public Information Officer, 361-826-7220

email address: noeliar@cctexas.com

HEALTH DISTRICT CONFIRMS NUECES COUNTY H1N1 DEATH

The Corpus Christi-Nueces County Public Health District reports they have received confirmation of an H1N1 flu related death of a Nueces County resident. The Corpus Christi resident died at a local hospital Saturday morning, December 12th.

Annette Rodriguez, Interim Director, said the local resident was between the ages of 60 to 70 years of age and had been hospitalized since October under the care of a private physician.

The woman did suffer from other underlying medical conditions.

For confidentiality and personal privacy reasons the Health District will not be releasing or confirming any additional identifying information.

The recent death marks the tenth H1N1 death in Nueces County since the first H1N1 confirmed death was reported in May of this year.

Dr. William Burgin, Jr., Local Health Authority, advises residents to protect themselves against the H1N1 flu by getting their H1N1 vaccine and follow everyday hygiene practices.

Residents should follow these standard precautions to reduce the spread of any respiratory illness:

- Practice good hand washing hygiene. Wash hands frequently and thoroughly with soap and warm water or use an alcohol-based hand sanitizer.
- Stay home when you are sick to avoid spreading illness to others, and seek medical attention.
- Cough or sneeze into the crook of your elbow or a tissue and properly dispose of used tissues.
- Get your flu shot this year, both the “seasonal flu” and the swine flu vaccines when they become available.

#